



ArtistsInspire Grants

Support for Schools and Artists from Quebec's English-speaking communities to connect through hands-on creative experiences - an ELAN/LEARN partnership funded by the Government of Canada's Action Plan for Official Languages

High School Workshop Catalogue

In-Person and Virtual workshops possible

ANNUAL \$1500 Grants for English
Public Elementary & Secondary
Schools 2019 - 2023



Technique in Contemporary Dance, Indian Dance and Bollywood with Roger Sinha

In Roger Sinha's contemporary dance technique class participants will develop a greater sense of precision and rhythm by working with the detailed movements of the fingers and hands found in Indian dance. This will be combined with contemporary technique, which focuses on movements of the torso, hips, as well as leg extensions, leaps, and spins. The Indian technique focuses on the mudras (precise gestures with the fingers and hands). Participants will be guided through choreographic phrases and techniques that will allow them to create their own movements. Elements of Bollywood will also be incorporated.

Materials: Enough space for each participant to be able to spread his/her arms out and lie on the floor



Everyone Can Dance with Luca "Lazylegz" Patuelli

Adapt, stay positive, and learn to do things your own way." This is the key behind Luca's "No Excuses, No Limits" philosophy. In this workshop Luca will teach dance with a unique "twist" allowing for participants to explore various movements in hopes that it will expand individuals' understanding of the importance of adaptation on a day-to-day basis in life and in dance.

Materials: A chair and enough space to be able to spread your arms out and roll on the floor



STEP! with Montreal Steppers

A stepping workshop with Montreal Steppers includes an introduction to foundational step routines. Participants will learn how to clap, stomp and chant as a team. They will learn what it meant for black folks to be steppers in the early 1900's and how their resilience changed their lives. We emphasize the importance of creating these rhythms and beats together with a focus on teamwork and character building. Each workshop includes dialogues and discussions on the history of Step, its inception, the migration of Africans from Africa to North America, South America and the Caribbean. At the end of the workshop each participant will have learned at least two step routines.

Materials: Enough space to be able to spread your arms out



East Indian Dancing with Sonia St-Michel

Guided by classically trained Indian Dancer, Sonia St-Michel, participants learn the art of East Indian dance. The workshop begins with a Yoga warm-up. Participants then learn to create and maintain rhythm using footwork (known as Taal or rhythm) and a system of oral representation of percussive sounds. Participants also explore some Hastas, which are hand gestures used to tell stories. The workshop can be accommodated to a smaller room by pushing aside furniture. Students can use the dance form to interpret a story they heard, read or wrote themselves.

Materials: Enough space to be able to spread your arms out



Caribbean Folk Drum and Dance Workshops with WestcanFolk

Participants learn traditional Caribbean drum rhythms and traditional folk dances from our expert instructors. Instructors provide historical information about African and Caribbean folk culture in a fun and interactive setting.

Materials: Enough space for each student to be able to spread his/her arms out

QEP COMPETENCIES

DANCE

- Creates dances
- Performs dances
- Appreciates dances

PHYSICAL & HEALTH EDUCATION

- To perform movement skills in different physical activity settings

CULTURAL GEOGRAPHY(Grade 11 only)

- Understands the organization of a cultural area
- Interprets the dynamics of a cultural area



Make a Video Ad with Sam Asmar

In this workshop, students will have fun playing a slogan/logo company matching game to explore how some of their favourite brands use artistic ideas, images, and words to get consumers to buy in! Next, they will work together to design the next “best-sellers”, creating their own products and brands, writing convincing short commercial scripts, and performing on camera to make a video. Participants will use creativity and tech skills while becoming more savvy consumers.

Materials: Paper, pen, any digital camera (Phone, tablet, camera), any editing software (e.g. iMovie, Moviemaker) or open a free account at clipchamp.com before the workshop

Filmmaking: Exploring Camera Angles with Productions Oracle



Using iPads as the main technology tool, participants will learn about using camera angles as a filmmaking technique. As participants reflect on their lives, their experiences and their interests, they learn concrete skills and develop as filmmakers. Other techniques that can be explored include, script writing, storyboarding, and editing. Students also learn to be active players in their use of media rather than passive recipients of the media that surrounds them. We can adapt our workshop to suit your school’s technology. All of Productions Oracle’s programs are designed to provide a safe space for youth whereby the youth involved learn to express themselves and gain skills as they openly document their own experiences.

Materials: Technology devices for filming and editing

Digital Storytelling with Hands on Media



This 6-week Workshop Series is a powerful media and digital literacy activity, created by weaving digital photographs, voice, text and music into a digital video project. A chance to reflect on the self, culture, identity & future goals, this personal narrative documentary workshop provides an easily-accessible opportunity for youth to reflect on their own strengths, culture, responsibilities, and dreams for their future. Easily adaptable to a multitude of themes and objectives such as Identity, Community Engagement, Anti-Bullying, or the Environment, this Media & Digital Literacy workshop helps students shift from being passive consumers of media to active creators through the production of visual narratives using online platforms & digital tools, while reflecting on their rights and responsibilities as consumers and producers of media.

Materials: Technology devices for filming and editing

QEP COMPETENCIES

VISUAL (and Multimedia)

- Creates personal images
- Creates media images
- Appreciates works of art and cultural objects from the world's artistic heritage, personal images and media images (Cycle 1)
- Appreciates Images (Cycle 2)

DRAMA (and Multimedia)

- Creates dramatic scenes
- Performs dramatic scenes

ENGLISH LANGUAGE ARTS

- Uses language/talk to communicate and to learn
- Reads and listens to written, spoken and media texts
- Represents [their] literacy in different media (Cycle 1)
- Writes a variety of genres for personal and social and purposes (Cycle 1)
- Produces texts for personal and social purposes (Cycle 2)

ENGLISH AS A SECOND LANGUAGE (core and enriched programs)

- Interacts orally in English
- Reinvests understanding of texts
- Writes and produces text



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Bringing Words to Life: Discovering Literature through Storytelling with Patti Warnock



Students will be both engaged and motivated as the Art of Storytelling brings literature into the classroom and to life. The use of both gestures and simple language make the Story easily accessible to all listeners. The workshop may be completed with reading and written activities and/or a comprehension evaluation. W.R.I.T.E. Language Arts Competences; Oral comprehension and expression, retention of facts, organized thought.

Materials: Paper and pencil

Poetry in Voice's Poets in Class



Poetry In Voice is a diverse group of talented page and spoken word poets, each passionate about igniting the imaginations of students. Teachers can invite a poet to help teach about the writing process or performance. The poets will bring with them well developed themes of mutual interest or work with the teacher to integrate poetry into a theme the students are already working on in the class. Our poets are experts on a number of topics including "blackness" in the diaspora, the environment, identity, social inequality, history, family life and so much more.

Materials: Paper and pencil

Musical Stories with Matthew Bennett Young



This creative writing workshop encourages children to engage with elements of popular culture (literature, music, dramatic structure). Using their senses in a playful manner, they will develop a story outline, which they can then elaborate upon. The workshop uses a 'translation of feelings' into words that are then used as a platform to create character and plot.

Materials: Paper and pencil



So You Think You're Funny: How to Write Haiku That Make People Laugh! With Angela Leuck

While the traditional three-line haiku focuses on nature and the seasons, there are also haiku that focus on Human Nature. These haiku reveal the humorous side of life. In the first workshop, Angela Leuck will show you how to write your own comic three-line poems along with plenty of examples. Then in the second workshop, get ready to laugh as participants share their funniest haiku.

Materials: Paper and pencil



Spoken Word with Jason Selman and Deanna Smith

This powerhouse Spoken Word duo will guide participants through the process of writing and performing spoken word poetry. During their workshop students reflect on the following issues: Once the world returns to some semblance of normality what would you like to see change? If you were in charge, what would change, what would be the same? Participants learn how to express themselves by articulating how they feel about these and other issues. By providing examples, participants are coached through the process which culminates in a spoken word performance for their classroom or school.

Materials: Paper and pencil

QEP COMPETENCIES

ENGLISH LANGUAGE ARTS

- Uses language/talk to communicate and to learn
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- Writes a variety of genres for personal and social and purposes (Cyc 1)
- Produces texts for personal and social purposes (Cyc 2)

ENGLISH AS A SECOND LANGUAGE (core and enriched programs)

- Interacts orally in English
- Reinvests understanding of texts
- Writes and produces text

MORAL EDUCATION

- Takes a reflective position on situations involving an ethical issue
- Constructs a moral frame of reference
- Engages in moral dialogue

PERSONAL ORIENTATION PROJECT (Grade 11 only)

- Carries out a process of career exploration
- Contemplates his/her learning and work possibilities

Virtual improvisation in the 21st Century with Louise Cambell and Guillaume Jabbour



Band, orchestras and choirs, get ready to improvise! This workshop lays out the foundations of improvising through the virtual platform and teaches students how to record at home using their personal digital devices. Workshops focus on putting students at ease improvising, and feature focused listening, improvisation games, some theory around scale degrees and the basics of recording and file transfer. Then, using a pre-recorded track as a guide, students are given instructions on how to interact with a pre-recorded track, giving them the liberty of what to play. Recordings will be compiled by the facilitator into one recording to create a Virtual Band/Virtual Choir piece. A Listen Party will allow students to hear themselves playing together at home, providing a group experience of music making. Louise Campbell will facilitate workshops for band, choir and orchestra. Band classes with rhythm sections will be co-facilitated by Louise Campbell and Guillaume Jabbour.

This project is produced with support from Bradyworks. Bradyworks is a music production company based in Montreal which focuses on new, creative music projects and public outreach.

Materials: Instruments, mobile devices for recording, paper and pencil



Body Percussion with Geremia Lorenzo Lodi

During this workshop participants invent, interpret and appreciate musical rhythms created by their own bodies, they bolster their listening skills and creativity. Students engage in Body Rhythms (Sequences or movements), Silent Rhythm (Each student performs a repetitive silent movement while another student gives voice to what he/she “hears”), and Words & Rhythms (Participants repeat the words of a text in a loop and discover the underlying rhythm, incorporating body percussions).

Materials: Enough space for each student be able to spread his/her arms out

Finding a Creative Voice through Songwriting with Rob Lutes



Cycle 2, 3

With a brief introduction into the fun-filled world of songwriting, and stories and songs to demonstrate the freedom and power of the art form, award-winning singer-songwriter Rob Lutes inspires participants to create their own new songs. Rob uses visual prompts and time limits to help participants get in the flow and write.

Materials: Paper and pencil

Note: It is not necessary to play an instrument but participants who do are encouraged to use them during the process.

QEP COMPETENCIES

MUSIC

- Creates musical works
- Performs musical works
- Appreciates musical works

ENGLISH LANGUAGE ARTS

- Uses language/talk to communicate and to learn
- Reads and listens to written, spoken and media texts
- Represents [their] literacy in different media (Cyc 1)
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- Interacts orally in English
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PERSONAL ORIENTATION PROJECT (Grade 11 only)

- Carries out a process of career exploration

Celestial Bodies with Geordie Theatre School



During theatre workshops led by Geordie Theatre School, participants would first watch the play, *Celestial Bodies*, streamed via the Internet. Then they will participate in workshops that can be based on themes from the play to explore drama techniques, such as, storytelling, characters, or improvisation. Part one of the workshop will introduce students to the theme through a variety of theatre exercises while also layering in theatre and improv games to help with learning and keep things fun. Part two will take these skills to the next level by encouraging students to use their theatre skills to create their own guided performances.

Materials: Paper and pencil

Black Theatre Workshop



Black Theatre Workshop will be offering interactive workshops based on themes such as social justice, individual empowerment, inclusivity and systemic racism led by diverse Montreal artists, engaging the students in activities that will increase their awareness and understanding of these issues through the use of the performing arts.

Materials: To be determined



And scene! with Miranda Handford

The focus of this workshop is on learning and performing a simple scene. After some improvisation games, the class will be paired up and given a short scene. We'll learn the basics of scene analysis, and the students will rehearse their scenes. Then they'll each present their scene for the rest of the class on the final day.

Materials: Paper and pencil

The Four Swans Fable: A Patchwork Cobbled Together Mosaic of a Virtual Story with Daniel Hiekie

Cycle 3

During this workshop, students will write, perform and film themselves in an epic fictional fable. As one big group, students will first add the details necessary to complete the fictional fable. Then students will be divided into smaller groups and assigned a particular piece of the fable. Each group will decide independently how to depict their piece of the fable. Once each group has finished, all of the pieces will be edited together, creating - The Four Swans Fable: A Patchwork Cobbled Together Mosaic of a Virtual Story.

Materials: Paper and pencil, costumes (optional)



“YES, AND...” with Stacey Christodoulou

A fun, dynamic improv workshop designed to spark imagination, creativity and confidence. Starting with a basic premise, director Stacey Christodoulou will facilitate various improv games to guide students in the creation of situations and scripts where they become characters and storytellers. Enhancing listening skills and cooperation, improv is spontaneous, entertaining, and fun.

Materials: Paper and pencil



Song-o-logues with Trevor Barrette

What is the story behind your favourite song? Well, that’s up to you! In Song-o-logues, participants will be offered a selection of popular songs to choose from whose lyrics will serve as our working script. Using ingredients developed by Konstantin Stanislavski (the creator of ‘the system’), participants will explore relationships, objectives and obstacles through lyrics to create and embody full and vibrant characters. Songs by Lady Gaga, Imagine Dragons, Adele, Pharrell Williams, and more!

Materials: Paper and pencil





The dinner table with Oren Safdie

My method is to quickly demystify the "art" of writing, and to show how each student already possesses the skills they need to write compelling drama. My first exercise is to have students write down typical dialogue from the family dinner table without thinking about plot or even writing down the character names. I then show them how each of their scenes have a unique voice, conflict (or potential for conflict), and differentiation between characters. The next lessons build on this first exercise as participants introduce external conflict that elevates the dialogue into short dramatic plays ready for production.

Materials: Paper and pencil

QEP COMPETENCIES

DRAMA (and Multimedia)

- Creates dramatic scenes

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- Uses language/talk to communicate and to learn
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ENGLISH AS A SECOND LANGUAGE (core and enriched programs)

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Create an Artist book of illustrated poems/prose with Venus Lukic



Students will work with an already existing collection of poems or mini-stories (or create new ones) and create illustrations based on the content they have created. The Artist will discuss methods of artist book creation/binding in order for students to create a final work. The general theme can be as simple as daily life, and may cover such mundane things as the way in which one brushes their teeth to how they choose what to eat first on a plate. The artist will provide plenty of drawing instruction/guidance and examples to help inspire students illustration ideas, as well as writing support and story starters to get students engaged and creating.

Materials: Available drawing tools

Drawing with charcoal, ink and pen with Tamsin Horsefall



During this workshop, participants will experiment with shading, hatching line work and painting still life focusing on landscapes and objects.

Materials: Charcoal, ink (black, white) black and white paper for using charcoals and inks, acrylics/ gouache, canvas paper

Drawing Spontaneous Plants with Angela Marsh



This interdisciplinary, multi-layered art project, inspired by the presence of nature in our local urban and suburban environments, involves using almost exclusively up-cycled and recuperated materials and exploring spontaneous plants (also known as weeds) found around the school and in the community. Participants will research wild plants growing nearby, and learn to draw the different species. Each student will create a composition of wild plants on a pre-cut square of cardboard, finishing the drawing with pencil crayons to create an original piece of art based on recuperated materials. From this process, students will participate in the collaborative creation of a local map of the spontaneous plant habitats, mapping the areas where the wild plants were found, creating a map that values the presence of wild floral nature in our towns and cities and engaging the students in a collaborative creation project.

Materials: Bags for plant specimen collection, pencils, pencil crayons, paper, cardboard

Nature Journaling with Emily Rose Michaud



Nature journaling is the process of recording your observations about birds, plants, trees & other natural things on paper. It's a simple & effective tool to help naturalists improve their observation skills and see big picture ecological patterns more clearly. It's a great way to help you: 1) Make better observations about nature through sensory awareness; 2) Build deeper and longer lasting memories of the natural world; 3) Uncover new ecological perspectives and ask better questions about your environment; 4) Appreciate nature and have a more meaningful experience outside; 5) Use storytelling to paint pictures with your words.

Materials: A dedicated nature journal (or lined, blank or graph paper), drawing supplies kit (pencils, eraser, sharpener, and anything you like and have on hand)

Comics Creation Course with Laurence Dea Dionne



Students will create an 8-page 'zine (mini comic) from one piece of paper. They will fill those pages by telling a story using drawings and/or words. During the process, they will explore different facets of wellness (physical and mental health, community and relationships, environment, etc), learn some comic-specific visual language that will help them communicate clearly, and explore what it is like to have a career as a professional comic artist.

Materials: 5 sheets of white computer paper, pencil

Zoom Portraits Gallery View with Mary Hayes



Drawing faces can be a challenge. In this workshop we will use contour and negative space drawing techniques to make portrait drawing fun and rewarding. The end result: a group Zoom Portraits Gallery View.

Materials: 8 x 10" or larger paper, your choice of dry media – pencil, crayon, marker, or coloured pencils.



Postcard Creation and Exchange with Emily Read

During this workshop, students design unique postcards that represent where they live and participate in a cultural exchange with students in another classroom, school, or household. Participants will gain a new appreciation for their immediate surroundings, learn collage techniques and engage in art appreciation once they receive postcards from another group of participants.

Materials: Collage materials (old magazines, books, scrap paper, wrapping paper, etc.), thick paper 5x8", scissors and/or hobby knife, cutting mat, glue stick, markers/pencil crayons/paint and paint brushes



Exquisite Corpse Flipbook and Moving Origami Drawings with Maria Ezcurra

One of these playful activities shows students the three dimensional and moving possibilities hidden in a piece of paper. The other helps students to develop an understanding of personal, social and cultural identity based on drawn portraits.

Materials: Paper, colouring pencils, markers

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- Creates media images
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PERSONAL ORIENTATION PROJECT (Grade 11 only)

- Carries out a process of career exploration
- Contemplates his/her learning and work possibilities

PHYSICAL & HEALTH EDUCATION

- To perform movement skills in different physical activity settings

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